

Non-Negotiable Run Rules

1. Every runner & can-shaker must wear a safety vest at all times while on or near the road.
2. No more than 20 runners are allowed to run at any given time. However, in residential areas or while crossing the bridge coming into Peoria, the Run Coordinator may allow all Runners to run for a short leg.
3. When only one police escort is available, that escort must be located behind the chase van. The proper order is 1) Runners, 2) Chase Van, 3) Police Escort. No exceptions. This is the safest and agreed-upon order determined during our meeting with all police escort agencies. In the event that your Run has two police escorts, your order can be 1) Police Escort, 2) Runners, 3) Chase Van, 4) Police Escort. Having the police escort positioned directly behind your chase van is expected and mandatory.
4. Only one chase van is allowed in your caravan at any given time (refer to the order above). All other vehicles traveling with your Run need to be given a route map ahead of time and instructed to meet the runners at the next stopping point. Not only does having a large caravan of vehicles cause major traffic congestion, it's also extremely dangerous for your Runners.
5. We strongly encourage Runners to raise their minimum fundraising amount by letter-writing. Stationary, envelopes and other supplies are provided to each Run Coordinator and also available at the St. Jude Run Office (4722 N. Sheridan Rd., Peoria). Personal, public fundraising events are not allowed. However, should you want to have a private fundraising event with your friends and family, that is allowed provided you get it approved by the Run Office and do not utilize local media. Each Run group as a whole may have an event or two on a yearly basis, and that is acceptable.
6. No alcohol on the Run. Runners will be able to partake in alcoholic beverages only after the Run and Runner Parade have finished.

7. No running through construction zones unless an additional lane (other than the one you're running in) is also open for traffic to pass.
8. Runners are not allowed to wear headphones or other devices that might impair hearing while running in this event (ex: iPods, MP3's, etc.). Music will be provided by the chase vehicle.
9. All donations received of \$250 or more require a \$250 tax form to be filled out and submitted to the St. Jude Run Office. The form is available on the www.stjuderuns.org website and can be mailed to the office or given to the Run Coordinator.
10. All Runners must complete a medical form and waiver prior to participating in the Run. The medical forms must be kept in a secure location in the chase van or with the Run Coordinator during the Run itself, and only utilized in the event of an emergency. The medical forms should be shredded after the event. All can-shakers are also required to complete a waiver form prior to the event.
11. All runners must be at least 18 years of age in order to participate. Runners 16 years of age and older are allowed to participate with a parent or other adult guardian.
12. For safety reasons, children are not allowed to participate in the Runner Parade. Not only is the speed and crowd at this parade unsafe for a child, this parade is also meant to showcase those adults who have spent their day(s) running for St. Jude. Patient children are the rare exception, and must be pre-approved by the St. Jude Run Office.